



Book Of

TEST OSTER ONOMY

Man-isms for Living and Laughs

Eddie Hyppolite

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Author
Eddie Hypolite

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Alethea Fletcher, Lovelee Conceptionz



Eddie Hypolite

The word of the Lord came
unto Edmund The Hypolite
saying...

**“Listen to the Preacher” and
hear these Man-isms, for they
will be life to those who live
and laughs for those
who need them.**

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A Word to a Brother

CHAPTER 01

Man-isms for Living and Laughs

¹Stand your
ground and
fight your
battles like
a man.

² Dream big
but remember, the way of
the dreamer is hard work.

³ Wash at least twice a day...please!

⁴Lead from the front,
the back is already full.

⁵Sex doesn't bring love, love brings sex!

⁶Dirty nails, funky armpits and a sweaty
crotch have their place.

⁷Now wash!

⁸ Jerry Maguire is twice yearly required
watching for every male.

⁹ Be sensible enough and humble enough to
know when you're wrong.

¹⁰ Did you wash? Brush your teeth too.

¹¹ Cry man tears, in a manly way but make sure you cry.

¹² Men who don't cry have nervous breakdowns.

¹³ Men who don't know when to STOP crying also have nervous breakdowns.

¹⁴ Shave your armpits if you must but don't show us, tell us, give clues that you do it, or stand in a doorway in a vest (singlet) with your arm raised leaning against the door post!

¹⁵ Tell your mate he needs to go wash now.

¹⁶ Be right with
humility and
wrong with
humility.



¹⁷ Make no room for haters!

**¹⁸ The way of the hater is social death,
occupational dissatisfaction, and relational
misery.**

¹⁹ We become
men, one learned
mistake at a time.

²⁰ Rom-Coms in moderation are
permissible.

²¹ Stop being an idiot!

²² A man's true
legacy is defined
by his decisions,
choices and
story.

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'Ear This Bruv

CHAPTER 02

Man-isms for Living and Laughs

¹ “Manage yourself” let time take care of time.

² Swung low jeans are played out.

³ First impressions are just that; first impressions.

⁴ Stop looking for options when alternatives are the only sensible choice.

5 Celebrate
the success in others
that you are striving for
in yourself.



⁶ Being right is important, but being fair is essential.

⁷ A neglectful man quickly becomes a regretful man.

**⁸ STOP moulting in the urinal.
See a doctor, a vet, someone!**

**⁹ If you have to wear foundation,
don't tell me.**



¹⁰ A good
pedicure
may be your
feet's only hope!

¹¹ Good manners and politeness are not male weaknesses.

¹² In a world of Yak (talk) let your actions define you.

¹³ A man's life is worth more than his zip code or mobile phone.

¹⁴!(write your own)

¹⁵ Man bags are allowed, but not one your missus will fight you for!

¹⁶ Pink is only to be worn with Charcoal grey or black and that's final!

¹⁷ That's close enough!

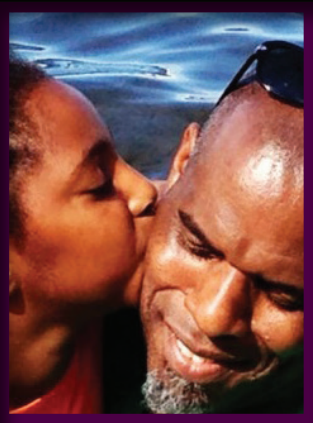
**¹⁸ Think like a mug,
act like a mug, and
people will mug you off.**

**¹⁹ If you know you can't dance,
just stand still and nod your
head in a manly fashion.**

²⁰ Pay attention
to life or you
may miss the
lesson.

²¹ Women are a mystery, get over it!

²² Plan to leave a more important legacy
than just money when you're gone!



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One More Thing, Mate!

CHAPTER 03

Man-isms for Living and Laughs

¹ Eating with your hands is wonderful,
just wash them first.

² Wearing pastel colours...good luck!

³ If you cant wear pink try salmon!

⁴ There is no perfect woman, only perfect
potential.

⁵ People will never see
the brilliance in you
they don't want to see.

⁶ Don't be afraid of not
knowing, be afraid of never
admitting you don't know!

⁷ See all those
people over
there that you
fear? They all
have issues too!

⁸ When was the last time you washed?

⁹ A man who lives without a sense of the divine, lives in a limited dimension.

¹⁰ Honestly Bruv,
I really don't want what you have!

¹¹ You should have been married two relationships ago.

¹² Fight for your sons and live for your daughters.

¹³ We don't love by accident, so mean it!

¹⁴ The way to make good choices, is to learn from your bad choices.

**15 Never choose
to live without
loving and being
loved in return!**

¹⁶ Make excuses for
your weaknesses and
they'll destroy you.

¹⁷ Know your value or people will
undervalue you!

¹⁸ “Roses are red, violets are blue, I love you, that’ll do!” Use it if you want.

¹⁹ You won’t always be right, but you won’t always be wrong either.

²⁰ There’s no such thing as a domesticated man, just a man who knows how to run his house!



²¹ Two plus
one in a
relationship
equals nothing,
be faithful!

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A Final Word to a Brother

CHAPTER 04

Man-isms for Living and Laughs

¹ The only true power is the power you give away!

² Be intentional about being intentional.

³ We inherit our genes but wear our habits.

⁴ Don't make promises, just do what you're doing.

⁵ Our experience
is our expertise.

⁶ Embrace your whole story.

⁷ Breath mints work, try one!!

⁸ Don't be desperate to be seen and heard.

⁹ Errr, make that two breath mints!



¹⁰ If you don't
love or want
her, respect her
enough to let
her go

¹¹ Being a dad is about sperm, being a father is about commitment.

¹² Don't make a woman want you, if you don't want her.

¹³ The most important thing to be in control of in a relationship are your decisions.

¹⁴ Verbal conversations are key, nonverbal are everything.

¹⁵ Before you act, know the whole story, then find out the truth.

¹⁶ In the morning, check em, scratch em, wash em!

¹⁷ B O
is a bad choice!

¹⁸ White socks with black pants!!!
Are you serious Bruv???